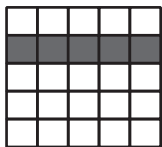


MIGHTIER™

Mind-Bending Missions

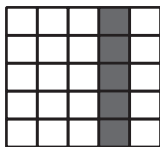
Tie your shoes with one hand	Try a new food you've never had before	Take 5 slow, deep breaths during a moment of frustration	Write or draw 5 reasons someone could feel sad	Eat a slice of pizza backwards
Say the alphabet backwards	Wear something you normally wouldn't	Try eating dinner with your non-dominant hand	Sit in a new spot at the dinner table	Walk backwards around your house
Draw a picture with your feet	Write or draw 5 reasons someone could feel worried	 Free	Count to 6 out of order	Write your name with your non-dominant hand
Write or draw 5 reasons someone could feel angry	Have breakfast for dinner	Open a door without touching it	Have every color of the rainbow on your dinner plate	Write or draw 5 reasons someone could feel happy
Eat pasta with a spoon	Tie a bow or knot with your hands behind your back	Look at yourself upside down in the mirror and make 5 funny faces	Make 5 words out of the letters: "T-H-I-N-K-I-N-G"	Swap chores with another person for a day

Complete activities to fill squares and earn family prizes!



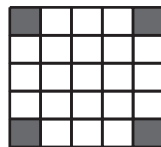
Row

Prize #1



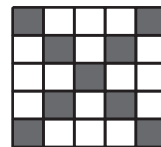
Column

Prize #2



Corners

Prize #3



X

Prize #4



All

Prize #5