## **MIGHTIER**<sup>™</sup>

## POSITIVE AFFIRMATION CARDS

I am loved



I am a good friend



I can do this!



I can do whatever I put my mind to!



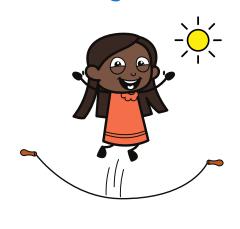
I am resilient



I am kind



I can keep moving forward



I can \_\_\_\_\_



I am \_\_\_\_\_

