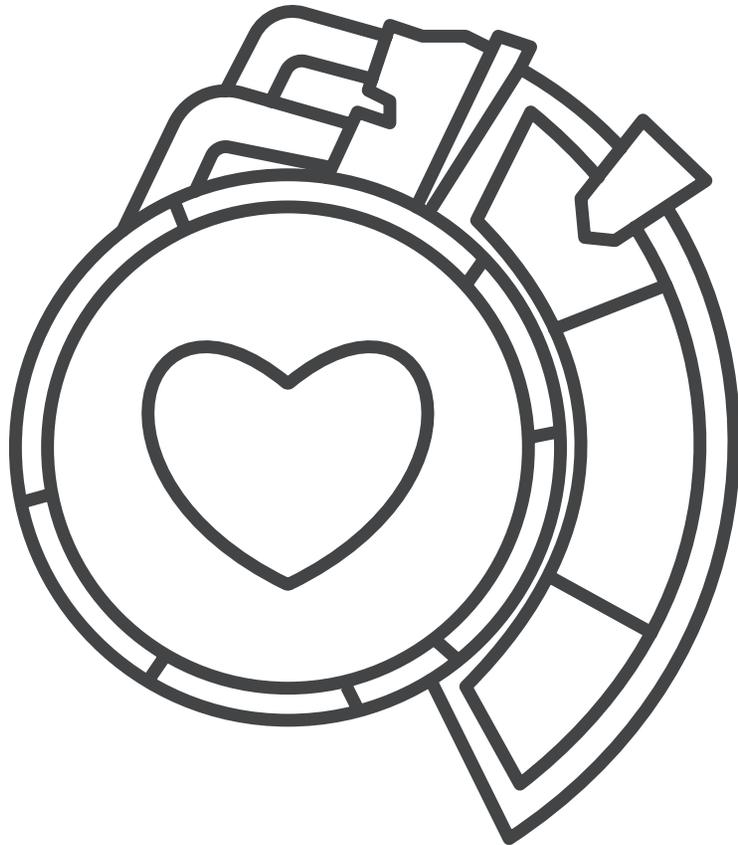


MIGHTIER™

Make Your Own Gizmo!

Color in the gizmo to the left and make it your own! On the right, take time to think about each of the areas of the gizmo. Share what puts you in each of these areas. Then share what your body feels like in the different areas.



**What puts you
in the...**

Red:

Grey:

Blue:

**What does your body
feel like in the...**

Red:

Grey:

Blue:
